


October 2016

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 Brisket (leftovers) in Spicy Tomato Sauce Rigatoni Asparagus Corn Maze
2 Boneless Pork Roast with Vegetables & Pan Sauce (Potatoes, Carrots) Yorkshire Pudding	3 Beef Stroganoff Noodles Peas & Carrots Piano	4 Pork Tacos (leftover pork) Refried Beans Tortilla Chips & Blender Salsa Girl Scouts—All	5 Tempura Shrimp Pork Fried Rice (leftover pork) Stir Fried Vegetables Video Game Design	6 Homemade Pizzas, choose your own toppings (homemade dough) Drama/Gymnastics	7 Spaghetti with Meat Sauce Garlic Bread Broccoli	8 Roast Chicken Roasted Root Veg (potato, turnip, carrot) Sautéed Mushrooms
9 Chicken-Pesto Filling for Buckwheat Crepes Spinach Salad	10 Grilled Cheese & Dual Soups (Chicken Noodle , Cream of Tomato) Crudités & Ranch Piano	11 Our Traditional Make Your Own Taco or Burrito Refried Beans Jicama Slaw	12 Butternut Squash, Sausage & Bow Ties Video Game Design	13 Easy Sheet Pan Chicken Parmesan Orzo Cold Pea Salad Drama/Gymnastics	14 Bacon & Cheese Quiche Ma's Butter Dips	15 Baked Ham Au Gratin Potatoes Broccoli & Cauliflower
16 Ham & White Beans Skillet Cornbread Bacon Braised Dark Leafy Greens	17 Ham & Swiss Double Pin-wheels Crudités & Ranch Piano	18 Loaded Nachos Mexican Fruit Salad Girl Scouts—Brownies	19 Roasted Salmon with Chili-Lime Sauce Rice Video Game Design	20 Chicken Ramen Stir Fry Drama/Gymnastics	21 Popover Pizza	22 Sheet Pan: Thick Cut Pork Chops with Warm Apple Slaw Home Fries
23 Crockpot Brisket with Onion Gravy Mashed Potatoes Green Beans Trunk or Treat	24 Easy Beef Stew with Brisket & Roasted Vegetables Homemade Bread & Butter Piano	25 Brisket Tacos w/ Avocado Cream Mexican Rice	26 Breakfast for Dinner: Amish Baked Oatmeal , Strawberries & Cream Scrambled Eggs Video Game Design	27 Main Dish Mac & Cheese Vegetable Pancakes Drama/Gymnastics	28 Sheet Pan: Crispy Chicken Strips & Biscuits Coleslaw Broccoli	29 Baked Chicken Thigh Rice Pilaf
30 Ginger Beef & Edamame Stir Fry Rice Noodles Snow Peas	31 Halloween Menu Halloween	<div style="border: 1px solid black; padding: 5px;"> <p>Typically I serve the kids some kind of fruit as "dessert" unless I list something separately. Most days I also include a salad in addition to a cooked veg. Assume we are having a Mixed Greens/Garden Salad with choice of dressings, unless I list something different in its place.</p> </div>				

